

ARTISANAL SMOKED MEATS HANDCRAFTED IN SMALL BATCHES



ORIGINAL LINGUICA PORTUGUESE STYLE SAUSAGE



This recipe was shared with us by a friend in New Bedford, Massachusetts, a town whose large Portuguese population features this piquant sausage in traditional fish stews, New England Clam Bakes, and kale soup. Punctuated by a mild but zesty medley of pepper, paprika, and vinegar, our cured pork sausage is extra lean and full of flavor. This link is packed in natural pork casing for the perfect snap.

INGREDIENTS	PORK, WATER, SALT, PAPRIKA, RED VINEGAR, VINEGAR, CULTURED ONION POWDER (CULTURED ONION POWDER, SEA SALT), RED PEPPER, CORIANDER, CUMIN SEED, SODIUM NITRITE. PACKED IN A NATURAL PORK CASING.
PRODUCT CODE	26152
UPC CODE	791545261529
PRODUCT SIZE	1 LB
CASE COUNT	10 PER CASE
NET WEIGHT	10 LBS
FRESH / FROZEN	FRESH & FULLY COOKED
BOX DIMENSION	14.25" x 11.5" x 5.125"
CUBE	.49
PALLET COUNT	130
TI / HI	13 LAYERS OF 10 BOXES
SHELF LIFE	90 DAYS FRESH/ 1 YEAR FROZEN



Proudly Made in New England by North Country Smokehouse, Claremont, New Hampshire
Phone: 603-543-0234 | Toll-Free: 800-258-4303 | E-mail: orders@ncsmokehouse.com

100g Nutritional Values

Parameter	Value:		Value 1.00/oz
Moisture	51.91	gm/100gm	14.71gm
Protein	11.52	gm/100gm	3.26gm
Total Fat	27.49	gm/100gm	7.79gm
Calories from Fat	247.38	cal/100gm	70.13cal
Ash	2.65	gm/100gm	0.75gm
Calories	319.22	cal/100gm	90.49cal
Carbohydrates	6.45	gm/100gm	1.82gm
Calcium	12.00	mg/100gm	3.40mg
Sodium	807.64	mg/100gm	228.96mg
Vitamin D	60.00	IU/100gm	17.01IU
Potassium	152.00	mg/100gm	43.09mg
Iron	0.70	mg/100gm	0.19mg
Saturated Fat	10.00	gm/100gm	2.83gm
Monounsaturated Fat	13.00	gm/100gm	3.68gm
Polyunsaturated Fat	4.50	gm/100gm	1.27gm
Trans Fat	0.00	gm/100gm	0.00gm
Cholesterol	74.00	mg/100gm	20.97mg
Total Dietary Fiber	0.00	gm/100gm	0.00gm
Sugars	0.00	gm/100gm	0.00gm

gm=grams, mg=miligrams, IU=International Units, <=Less Than

Values on this report are actual analytical results. Label declarations may require rounding or conversion to % Daily Value or serving size



North Country Smokehouse holds the SQF Quality Shield, awarded by the The Safe Quality Food Institute (SQFI), a universal, farm-to-fork safety & compliance program recognized by the Global Food Safety Initiative.



Microbiological Properties

Parameter	Value
Standard Plate Count /g	<40,000*
Total Coliforms MPN /g	<10
E. Coli MPN /g	<10
Coag. + Staph MPN /g	<10
Yeast /g	<500*
Mold /g	<200*
Lactic Acid Bacteria /g	<500*
Salmonella species /g	Negative
Listeria Species /25g	Negative

*estimated count, <less than, > greater than

Nutritional Values per Serving

Nutrition Facts	
4 Servings Per Container	
Serving Size 1 link (112g)	
Amount per serving	
Calories	350
% Daily Value	
Total Fat 32g	40%
Saturated Fat 5g	26%
<i>Trans Fat</i> 0g	
Cholesterol 80mg	20%
Sodium 820mg	28%
Total Carbohydrates 1.5g	36%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes No Added Sugars 0%	
Protein 16g	
Vitamin D 20mcg	2%
Calcium 9mg	0%
Iron 1mg	6%
Potassium 120mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.