

ARTISANAL SMOKED MEATS HANDCRAFTED IN SMALL BATCHES



certifiedhumane.org

NORTH COUNTRY SMOKEHOUSE



ORGANIC APPLEWOOD SMOKED UNCURED SPIRAL SLICED HALF HAM



Our Organic Uncured Spiral Sliced Ham is exceptionally flavorful and reminiscent of old-style charcuterie that can only come from slow, deliberate preparation methods. Our process has been perfected to enhance flavor rather than mask it. Smoking at higher temperatures over genuine hardwood imparts a wonderful balance of tender sweetness and smoke that satisfies the most demanding connoisseur. This variety is free from GMO's, antibiotics, added growth hormones, nitrates, nitrites, and animal byproducts. The pork is vegetarian-fed.

INGREDIENTS	ORGANIC PORK, WATER, SEA SALT, ORGANIC TURBINADO SUGAR, ORGANIC VINEGAR, ORGANIC CULTURED CELERY POWDER (ORGANIC CELERY POWDER, SEA SALT), ORGANIC MAPLE SYRUP, ORGANIC CHERRY POWDER (ORGANIC CHERRY POWDER, ORGANIC POTATO MALTODEXTRIN).
PRODUCT CODE	70692
UPC CODE	791545706921
PRODUCT SIZE	6.5-8 LB CATCH
CASE COUNT	2 PER CASE
NET WEIGHT	13-16 LBS
FRESH / FROZEN	FROZEN
BOX DIMENSION	14.75" x 10.5" x 8.5"
CUBE	.76
PALLET COUNT	80
TI / HI	8 LAYERS OF 10 BOXES
SHELF LIFE	1 YEAR FROZEN

RELENTLESS FLAVOR. EXCEPTIONAL ANIMAL CARE. RESPECT FOR THE LAND.



Proudly Made in New England by North Country Smokehouse, Claremont, New Hampshire
Phone: 603-543-0234 | Toll-Free: 800-258-4303 | E-mail: orders@ncsmokehouse.com

100g Nutritional Values

Parameter	Value:		Value 2.00/oz
Moisture	72.46	gm/100gm	41.08gm
Protein	21.30	gm/100gm	12.07gm
Total Fat	2.15	gm/100gm	1.21gm
Calories from Fat	19.35	cal/100gm	10.97cal
Ash	2.83	gm/100gm	1.60gm
Calories	109.59	cal/100gm	62.13cal
Carbohydrates	1.26	gm/100gm	0.71gm
Calcium	2.00	mg/100gm	1.13mg
Sodium	786.00	mg/100gm	445.66mg
Vitamin D	0.00	IU/100gm	0.00IU
Potassium	359.00	mg/100gm	203.55mg
Iron	0.79	mg/100gm	0.44mg
Saturated Fat	0.80	gm/100gm	0.45gm
Monounsaturated Fat	1.00	gm/100gm	0.56gm
Polyunsaturated Fat	0.40	gm/100gm	0.22gm
Trans Fat	0.00	gm/100gm	0.00gm
Cholesterol	48.00	mg/100gm	27.21mg
Total Dietary Fiber	0.00	gm/100gm	0.00gm
Sugars	1.14	gm/100gm	0.64gm

gm=grams, mg=miligrams, IU=International Units, <=Less Than

Values on this report are actual analytical results. Label declarations may require rounding or conversion to % Daily Value or serving size



North Country Smokehouse holds the SQF Quality Shield, awarded by the The Safe Quality Food Institute (SQFI), a universal, farm-to-fork safety & compliance program recognized by the Global Food Safety Initiative.



Microbiological Properties

Parameter	Value
Standard Plate Count /g	<40,000*
Total Coliforms MPN /g	<10
E. Coli MPN /g	<10
Coag. + Staph MPN /g	<10
Yeast /g	<500*
Mold /g	<200*
Lactic Acid Bacteria /g	<500*
Salmonella species /g	Negative
Listeria Species /25g	Negative

*estimated count, <less than, > greater than

Nutritional Values per Serving

Nutrition Facts	
Varied Servings Per Container	
Serving Size 2 oz (57g)	
Amount per serving	
Calories	60
% Daily Value	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 25g	9%
Sodium 450mg	18%
Total Carbohydrates 1g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugar	0%
Protein 12g	
Vitamin D 0mcg	3%
Calcium 1mg	0%
Iron 0.4mg	2%
Potassium 200mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

[+] Certified to Step 1 standards of Global Animal Partnership's multi-tiered program by Earth Claims, LLC.