

ARTISANAL SMOKED MEATS HANDCRAFTED IN SMALL BATCHES



NORTH COUNTRY SMOKEHOUSE

APPLEWOOD SMOKED UNCURED BLACK FOREST HAM



Our Black Forest Ham is exceptionally flavorful and brined in a secret blend of spices and maple syrup. The ham is double smoked for hours on end resulting in a rich ham to create a truly unique taste. Pile it high for succulent sandwiches or roll it up and use it to top off salads. This variety is free from antibiotics, added growth hormones, nitrates, nitrites, and animal byproducts.

INGREDIENTS	NATURAL PORK, WATER, SEA SALT, TURBINADO SUGAR, CULTURED CELERY POWDER (CULTURED CELERY POWDER, SEA SALT), MAPLE SYRUP, VINEGAR, CULTURED ONION POWDER (CULTURED ONION POWDER, SEA SALT), CARMEL COLORING.
PRODUCT CODE	70696
UPC CODE	791545706969
PRODUCT SIZE	9-11 LBS
CASE COUNT	2 PER CASE
NET WEIGHT	18-22 LBS
FRESH / FROZEN	FRESH & FULLY COOKED
BOX DIMENSION	14.75" x 10.5" x 8.5"
CUBE	.76
PALLET COUNT	80
TI / HI	8 LAYERS OF 10 BOXES
SHELF LIFE	90 DAYS FRESH

RELENTLESS FLAVOR. EXCEPTIONAL ANIMAL CARE. RESPECT FOR THE LAND.

PORK RAISED WITH:
 **NO** ANTIBIOTICS-
EVER

PORK RAISED WITH:
 **NO** ADDED
HORMONES

 **NO** NITRATES
OR NITRITES

Proudly Made in New England by North Country Smokehouse, Claremont, New Hampshire
Phone: 603-543-0234 | Toll-Free: 800-258-4303 | E-mail: orders@ncsmokehouse.com



100g Nutritional Values

Parameter	Value:		Value 2.00/oz
Moisture	72.46	gm/100gm	41.08 gm
Protein	21.30	gm/100gm	12.07gm
Total Fat	2.15	gm/100gm	1.21gm
Calories from Fat	19.35	cal/100gm	10.97cal
Ash	2.83	gm/100gm	1.60gm
Calories	109.59	cal/100gm	62.13cal
Carbohydrates	1.26	gm/100gm	0.71gm
Calcium	2.00	mg/100gm	1.13mg
Sodium	786.00	mg/100gm	445.66mg
Vitamin D	0.00	IU/100gm	0.00IU
Potassium	359.00	mg/100gm	203.55mg
Iron	0.79	mg/100gm	0.44mg
Saturated Fat	0.80	gm/100gm	0.45gm
Monounsaturated Fat	1.00	gm/100gm	0.56gm
Polyunsaturated Fat	0.40	gm/100gm	0.22gm
Trans Fat	0.00	gm/100gm	0.00gm
Cholesterol	48.00	mg/100gm	27.21mg
Total Dietary Fiber	0.00	gm/100gm	0.00gm
Sugars	1.14	gm/100gm	0.64gm

gm=grams, mg=miligrams, IU=International Units, <=Less Than

Values on this report are actual analytical results. Label declarations may require rounding or conversion to % Daily Value or serving size



North Country Smokehouse holds the SQF Quality Shield, awarded by the The Safe Quality Food Institute (SQFI), a universal, farm-to-fork safety & compliance program recognized by the Global Food Safety Initiative.



Microbiological Properties

Parameter	Value
Standard Plate Count /g	<40,000*
Total Coliforms MPN /g	<10
E. Coli MPN /g	<10
Coag. + Staph MPN /g	<10
Yeast /g	<500*
Mold /g	<200*
Lactic Acid Bacteria /g	<500*
Salmonella species /g	Negative
Listeria Species /25g	Negative

*estimated count, <less than, > greater than

Nutritional Values per Serving

Nutrition Facts

Varied Servings Per Container
Serving Size 2 oz (56g)

Amount per serving

Calories **60**

% Daily Value

Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 25g	9%
Sodium 450mg	18%
Total Carbohydrates 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	0%
Protein 12g	
Vitamin D 0mcg	0%
Calcium 1mcg	0%
Iron 0.4mcg	2%
Potassium 200mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

[+] Certified to Step 1 standards of Global Animal Partnership's multi-tiered program by Earth Claims, LLC.