

ARTISANAL SMOKED MEATS HANDCRAFTED IN SMALL BATCHES



NORTH COUNTRY SMOKEHOUSE



ORGANIC APPLEWOOD SMOKED UNCURED HAM STEAK



This ham steak is fully cooked with exceptional flavor - simply heat & serve. Easy to prepare in a warm skillet or on the grill, we smoke the meat low & slow to enhance its natural sweetness. The pork is marinated in authentic, New England maple syrup and has a natural wood smoked scent that only comes from handcrafting premium meats in small batches. Free from GMO's, antibiotics, added growth hormones, nitrates & nitrites, the pork is vegetarian-fed with no animal byproducts.

INGREDIENTS	ORGANIC PORK, WATER, SEA SALT, ORGANIC TURBINADO SUGAR, ORGANIC MAPLE SYRUP, ORGANIC VINEGAR, CULTURED ONION POWDER (CULTURED ONION POWDER, SEA SALT), ORGANIC CULTURED CELERY POWDER (ORGANIC CELERY POWDER, SEA SALT).
PRODUCT CODE	70841
UPC CODE	791545708413
PRODUCT SIZE	6 OZ
CASE COUNT	12 PER CASE
NET WEIGHT	4.5 LBS
FRESH / FROZEN	FRESH
BOX DIMENSION	14.25" x 11.5" x 5.125"
CUBE	.49
PALLET COUNT	130
TI / HI	13 LAYERS OF 10 BOXES
SHELF LIFE	60 DAYS FRESH / 1 YEAR FROZEN

RELENTLESS FLAVOR. EXCEPTIONAL ANIMAL CARE. RESPECT FOR THE LAND.

NO GMO INGREDIENTS

PORK RAISED WITH:
 NO ANTIBIOTICS-EVER

PORK RAISED WITH:
 NO ADDED HORMONES

NO NITRATES OR NITRITES

Proudly Made in New England by North Country Smokehouse, Claremont, New Hampshire
Phone: 603-543-0234 | Toll-Free: 800-258-4303 | E-mail: orders@ncsmokehouse.com

100g Nutritional Values

Parameter	Value:		Value 1.00/oz
Moisture	72.46	gm/100gm	20.54 gm
Protein	21.30	gm/100gm	6.04gm
Total Fat	2.15	gm/100gm	0.61gm
Calories from Fat	19.35	cal/100gm	5.49cal
Ash	2.83	gm/100gm	0.80gm
Calories	109.59	cal/100gm	31.07cal
Carbohydrates	1.26	gm/100gm	0.36gm
Calcium	2.00	mg/100gm	0.57mg
Sodium	786.00	mg/100gm	222.83mg
Vitamin D	0.00	IU/100gm	0.00IU
Potassium	359.00	mg/100gm	101.78mg
Iron	0.79	mg/100gm	0.22mg
Saturated Fat	0.80	gm/100gm	0.23gm
Monounsaturated Fat	1.00	gm/100gm	0.28gm
Polyunsaturated Fat	0.40	gm/100gm	0.11gm
Trans Fat	0.00	gm/100gm	0.00gm
Cholesterol	48.00	mg/100gm	13.61mg
Total Dietary Fiber	0.00	gm/100gm	0.00gm
Sugars	1.14	gm/100gm	0.32gm

gm=grams, mg=miligrams, IU=International Units, <=Less Than

Values on this report are actual analytical results. Label declarations may require rounding or conversion to % Daily Value or serving size



North Country Smokehouse holds the SQF Quality Shield, awarded by the The Safe Quality Food Institute (SQFI), a universal, farm-to-fork safety & compliance program recognized by the Global Food Safety Initiative.



Microbiological Properties

Parameter	Value
Standard Plate Count /g	<40,000*
Total Coliforms MPN /g	<10
E. Coli MPN /g	<10
Coag. + Staph MPN /g	<10
Yeast /g	<500*
Mold /g	<200*
Lactic Acid Bacteria /g	<500*
Salmonella species /g	Negative
Listeria Species /25g	Negative

*estimated count, <less than, > greater than

Nutritional Values per Serving

Nutrition Facts	
3 Servings Per Container	
Serving Size 2 oz (56g)	
Amount per serving	
Calories 60	
% Daily Value	
Total Fat 1g	2%
Saturated Fat 1g	1%
<i>Trans</i> Fat 0g	
Cholesterol 27mg	9%
Sodium 450mg	19%
Total Carbohydrates 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugar	
Protein 12g	
Vitamin D	0%
Calcium	0%
Iron	2%
Potassium	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

[+] Certified to Step 1 standards of Global Animal Partnership's multi-tiered program by Earth Claims, LLC.