

ARTISANAL SMOKED MEATS HANDCRAFTED IN SMALL BATCHES



certifiedhumane.org



# NORTH COUNTRY SMOKEHOUSE

## ORGANIC APPLEWOOD SMOKED UNCURED SPIRAL SLICED WHOLE HAM



Our Organic Uncured Spiral Sliced Ham is exceptionally flavorful and reminiscent of old-style charcuterie that can only come from slow, deliberate preparation methods. Our process has been perfected to enhance flavor rather than mask it. Smoking at higher temperatures over genuine hardwood imparts a wonderful balance of tender sweetness and smoke that satisfies the most demanding connoisseur. This variety is free from GMO's, antibiotics, added growth hormones, nitrates, nitrites, and animal byproducts. The pork is vegetarian-fed.

INGREDIENTS	ORGANIC PORK, WATER, SEA SALT, ORGANIC TURBINADO SUGAR, ORGANIC VINEGAR, ORGANIC CULTURED CELERY POWDER (ORGANIC CELERY POWDER, SEA SALT), ORGANIC MAPLE SYRUP, ORGANIC CHERRY POWDER (ORGANIC CHERRY POWDER, ORGANIC POTATO MALTODEXTRIN).
PRODUCT CODE	70855
UPC CODE	791545708550
PRODUCT SIZE	13-16 LB CATCH
CASE COUNT	1 PER CASE
NET WEIGHT	13-16 LBS
FRESH / FROZEN	FRESH & FULLY COOKED
BOX DIMENSION	14.75" x 10.5" x 8.5"
CUBE	.76
PALLET COUNT	80
TI / HI	8 LAYERS OF 10 BOXES
SHELF LIFE	60 DAYS FRESH / 1 YEAR FROZEN

**RELENTLESS FLAVOR. EXCEPTIONAL ANIMAL CARE. RESPECT FOR THE LAND.**

 **NO** GMO  
INGREDIENTS

PORK RAISED WITH:  
 **NO** ANTIBIOTICS-  
EVER

PORK RAISED WITH:  
 **NO** ADDED  
HORMONES

 **NO** NITRATES  
OR NITRITES

Proudly Made in New England by North Country Smokehouse, Claremont, New Hampshire  
Phone: 603-543-0234 | Toll-Free: 800-258-4303 | E-mail: orders@ncsmokehouse.com

100g Nutritional Values

Parameter	Value:		Value 2.00/oz
Moisture	72.46	gm/100gm	41.08gm
Protein	21.30	gm/100gm	12.07gm
Total Fat	2.15	gm/100gm	1.21gm
Calories from Fat	19.35	cal/100gm	10.97cal
Ash	2.83	gm/100gm	1.60gm
Calories	109.59	cal/100gm	62.13cal
Carbohydrates	1.26	gm/100gm	0.71gm
Calcium	2.00	mg/100gm	1.13mg
Sodium	786.00	mg/100gm	445.66mg
Vitamin D	0.00	IU/100gm	0.00IU
Potassium	359.00	mg/100gm	203.55mg
Iron	0.79	mg/100gm	0.44mg
Saturated Fat	0.80	gm/100gm	0.45gm
Monounsaturated Fat	1.00	gm/100gm	0.56gm
Polyunsaturated Fat	0.40	gm/100gm	0.22gm
Trans Fat	0.00	gm/100gm	0.00gm
Cholesterol	48.00	mg/100gm	27.21mg
Total Dietary Fiber	0.00	gm/100gm	0.00gm
Sugars	1.14	gm/100gm	0.64gm

gm=grams, mg=miligrams, IU=International Units, <=Less Than

Values on this report are actual analytical results. Label declarations may require rounding or conversion to % Daily Value or serving size



North Country Smokehouse holds the SQF Quality Shield, awarded by the The Safe Quality Food Institute (SQFI), a universal, farm-to-fork safety & compliance program recognized by the Global Food Safety Initiative.



Microbiological Properties

Parameter	Value
Standard Plate Count /g	<40,000*
Total Coliforms MPN /g	<10
E. Coli MPN /g	<10
Coag. + Staph MPN /g	<10
Yeast /g	<500*
Mold /g	<200*
Lactic Acid Bacteria /g	<500*
Salmonella species /g	Negative
Listeria Species /25g	Negative

\*estimated count, <less than, > greater than

Nutritional Values per Serving

**Nutrition Facts**

Varied Servings Per Container  
Serving Size 2 oz (57g)

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**Amount per serving**

**Calories** **60**

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**% Daily Value**

<b>Total Fat</b> 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 25g	9%
<b>Sodium</b> 450mg	18%
<b>Total Carbohydrates</b> 1g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugar	0%
<b>Protein</b> 12g	
Vitamin D 0mcg	3%
Calcium 1mg	0%
Iron 0.4mg	2%
Potassium 200mg	6%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

[+] Certified to Step 1 standards of Global Animal Partnership's multi-tiered program by Earth Claims, LLC.